



RTS MIDDLE SCHOOL

JANUARY 2024

WORD OF THE MONTH: **Integrity**

"Integrity gives you real freedom because you have nothing to fear since you have nothing to hide."

-Zig Ziglar

A Note from our Principal

Happy New Year! I hope the winter break provided much needed relaxation and that everyone is excited and energized for the possibilities that lie ahead in 2024.

As we dive into January, I wanted to share some important information. Later this month, our focus will be on preparing our students for the upcoming New York State Assessments. We will be engaging in computer-based testing simulations to ensure our students are comfortable and confident during the actual assessments in the spring.

Your support and collaboration in this process are invaluable, and I am confident that together, we will create a positive and encouraging testing environment for our students.

Wishing you all a fantastic start to the 2024 year, full of growth and success!

-Mrs. Karlson
RTS Principal

Important Dates:

JAN 1-2- NO SCHOOL - WINTER RECESS

JAN 15- DR. MARTIN LUTHER KING JR. DAY- NO SCHOOL- BUILDINGS CLOSED

JAN 17- BOE MEETING 6PM

JAN 24- SV TEACHERS VS HARLEM WIZARDS 7PM

JAN 26- 2ND QUARTER ENDS

FEB 1- 2 HOUR DELAY FOR STUDENTS

GUIDANCE NEWS!

The 2nd quarter ends on January 26th, and report cards will be mailed out on February 2, 2024. Please contact the Guidance Office with any questions or concerns regarding your student at (607) 775-9132.



School will be closed on Monday, January 15th, in observance of Dr. Martin Luther King, Jr. Day.

Our Holiday Senior Citizen luncheon was another huge success! Student volunteers, diners, teachers and staff alike had a festive and pleasant luncheon to socialize with friends and neighbors. A huge THANK YOU to our Student Council, RTS Chorus, and 8th Grade Peer Leaders for their contributions on December 19th!!







VS.

SV SABERS

Faculty and Staff

*Join
Us!*

**Wednesday,
January 24th**

7pm

HS Gym

<p><i>No School</i></p> <p>15</p>	<p>Breakfast</p> <p>Mini Stuffed Bagels</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>Cheeseburger on a Kaiser</p> <p>Sweet Potato Crinkle Cut Fries</p> <p>Green Beans</p> <p>NY Apple or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p>	<p>Breakfast</p> <p>Bacon Scramble Breakfast Pizza</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>Chicken Spligle on a Hot Dog Roll</p> <p>Salt Potatoes</p> <p>Veggie Cruncher Cup w/ Hummus/Dip</p> <p>Baby Carrots</p> <p>Fresh Banana or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p>	<p>Breakfast</p> <p>French Toast Sticks</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>Lunch</p> <p>Breaded Mozzarella Sticks w/ Dipping Sauce</p> <p>Side of Pasta w/ Sauce</p> <p>Fresh Cucumbers w/ Dip</p> <p>Chilled Mixed Fruit</p> <p>NY Concord Grape Apple Juice</p> <p>NY Milk</p>	<p>Breakfast</p> <p>Saber Breakfast Croissant Sandwich</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>Home Made Cheese or Pepperoni Pizza w/ NY Mozzarella</p> <p>Garden Salad w/ Chickpeas</p> <p>Assorted Fresh and Chilled Mixed Fruit</p> <p>NY Milk</p>
<p>Breakfast</p> <p>Fruidel</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>Chicken Nuggets</p> <p>Wheat Dinner Roll</p> <p>Mashed Potatoes</p> <p>Glazed Carrots</p> <p>NY Apple or Chilled Mixed Fruit</p> <p>NY Milk</p>	<p>Breakfast</p> <p>Breakfast Breads</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>NY Beef Meatball Sub</p> <p>Oven Baked Crinkle Cut Fries</p> <p>Steamed Mixed Vegetables</p> <p>Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p>	<p>Breakfast</p> <p>Bagel Breakfast Pizza</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>Grilled Cheese Sandwich</p> <p>Tomato Soup</p> <p>Veggie Cruncher Cup w/ Hummus/Dip</p> <p>Baby Carrots</p> <p>Fresh Banana or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p>	<p>Breakfast</p> <p>Snack n Waffles</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>Pasta with NY Meat Sauce</p> <p>Garlic Bread Stick</p> <p>Steamed NY Green Peas</p> <p>NY Applesauce Cup</p> <p>NY Concord Grape Apple Juice</p> <p>NY Milk</p>	<p>Breakfast</p> <p>Saber Breakfast Sandwich</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>Mardones Cheese or Pepperoni Pizza</p> <p>Garden Salad w/ Chickpeas</p> <p>Assorted Fresh and Chilled Mixed Fruit</p> <p>NY Milk</p>
<p>Breakfast</p> <p>Mini Pancakes</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>Chicken Patty on a Kaiser</p> <p>Sweet Potato Crinkle Cut Fries</p> <p>Steamed Mixed Vegetables</p> <p>NY Apple or Chilled Mixed Fruit</p> <p>NY Milk</p>	<p>Breakfast</p> <p>Cinnamon Bun</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>NY Taco Salad w/ assorted toppings</p> <p>Taco Seasoned Rice</p> <p>Corn</p> <p>Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p>	<p>Breakfast</p> <p>Bacon Scramble Breakfast Pizza</p> <p>Assorted Fresh Fruit or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p> <p>Lunch</p> <p>Mini Corn Dogs</p> <p>Macaroni & Cheese</p> <p>Veggie Cruncher Cup w/ Hummus/Dip</p> <p>Baby Carrots</p> <p>Fresh Orange or Chilled Mixed Fruit</p> <p>100% Juice</p> <p>NY Milk</p>		
<p>29</p>	<p>30</p>	<p>31</p>		