

# Susquehanna Valley

## 2025 Learn-to-Swim Program

*(LTS) Swim lessons are taught Saturday mornings  
8:30 – 10 a.m. (30-minute classes)*

The Learn-to-Swim program is an American Red Cross Aquatics program that is structured into instructional levels to help swimmers of varying ages and abilities develop their swimming and water safety skills through a positive learning experience. The Learn-to-Swim program at SV is open to young children and youth swimmers.

**Cost: \$45 per 6-week session**

*\*Please note, Session 3 is only 5 Classes\**

**(LTS) Learn-To-Swim Lesson Levels:**  
*(Times & classes/dates are subject to change)*

- Level 1 (Ages Under 5/Kindergarten): 8:30 & 9 a.m.
- Level 2 (Ages 5-7/Grades 1 - 3): 9:30 a.m.
- Level 3 (Ages 7-9/Grade 4 & up): 10 a.m. |
- Level 4 (Deep-end swimming): 10 a.m.



<b>Session 1:</b>	<b>Session 2:</b>	<b>Session 3</b>
<b>January 11</b>	<b>March 1</b>	<b>May 3</b>
<b>January 18</b>	<b>March 8</b>	<b>May 10</b>
<b>January 25</b>	<b>March 15</b>	<b>May 17</b>
<b>February 1</b>	<b>March 22</b>	<b>May 31</b>
<b>February 8</b>	<b>March 29</b>	<b>June 7</b>
<b>February 22</b>	<b>April 5</b>	

Participants will be tested on the first lesson day, and then assigned a level for instruction based on age/and/or ability level. **Lead Instructor: Shawna Barrett**

*\*\*No lessons during Holiday or school breaks (Columbus, Thanksgiving, Winter, Spring)  
**There are NO snow dates for cancellations (phone call or text) due to weather.***

Learn-to-Swim Lessons are part of the American Red Cross “Learn-to-Swim” Water Safety program and are taught by certified Water Safety Instructor staff and high school students. All classes are taught in the SV HS Pool.

### **Registration & payments:**

For more information, call the Athletics Office at 607-775-9144. To register, please fill out the registration form delivered with this flyer and send it to Gayle Ditch (Athletics Office) at the following address prior to the start of each session. Participants must be registered by the Thursday prior to starting session. Each level will have a **cap of 20**. - **NO WALK-INS** -

**Gayle Ditch**  
**Attn: Learn-to-Swim Program**  
**RTS Middle School, Athletics Office**  
**1040 Conklin Rd**  
**Conklin, NY, 13748**

Susquehanna Valley  
Learn-to-Swim Program



American  
Red Cross

Registration Form

P.O. Box 200, 1040 Conklin Rd  
Conklin, New York 13748

**"Learn-to-Swim" Swimming Lessons**

Name of child participating \_\_\_\_\_

Name of parent(s) \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_ (Text? Y  N ) Email \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Emergency Contact Number: \_\_\_\_\_

Medical Issues/Health Concerns: \_\_\_\_\_

Registering for:

Session 1:   
(Jan 11 - Feb 22)

Session 2:   
(March 1 - April 5)

Session 3:   
(May 3 - June 7)

Swim Level:

8:30, 9 a.m./Level 1  9:30 a.m./Level 2  10 a.m./Level 3  10 a.m./Level 4

Grade (as of Sept.): \_\_\_\_\_ Child's DOB: \_\_\_\_\_

Amount enclosed: \_\_\_\_\_ Form of payment: Cash  Check

**\*\* We are no longer able to prorate sessions for missed classes\*\***

**(There is a Family Discount of \$5 for additional child registered for swim-lesson program.)**

**Please make checks payable to: "Susquehanna Valley School District"**

I certify that my child is in good overall health and has no medical condition that would preclude participation in swim lessons. I recognize there are certain risks in athletic programs and will not hold the Susquehanna Valley School District responsible for these risks.

Date: \_\_\_\_\_

Please print name \_\_\_\_\_  
(Parent/Guardian)

Signed: \_\_\_\_\_  
(Parent/Guardian)