

## Membership Information

- Membership sign-ups and daily sign-ins will be conducted in the fitness center **only**. NO sign-ups will be done in the pool area.
- Your membership fee is good for both the fitness center and the pool.
- When the pool is closed, locker room facilities will **not** be available.
- Fitness Center members will be issued a membership card and a workout card. Training will be provided on the use of weight equipment and cardio-vascular machines.
- Memberships may be obtained from the fitness center supervisors anytime during public hours.
- Students under grade 7 are **not** permitted in the fitness center. Students under grade 6 are permitted in the pool **only** when accompanied by a parent or guardian.

### IMPORTANT!

To use the SV Fitness Center and swimming pool, everyone must sign and return a *Waiver and Release of Liability* form.



Susquehanna Valley Athletic Department  
1040 Conklin Road  
P.O. Box 200  
Conklin, NY 13748  
(607) 775-9144

#### **SV BOARD OF EDUCATION**

**Janice Young**, *President*  
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**Dr. Renee Stalma**  
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*SV High School Principal*  
**Charles Hutchinson**  
*SV High School Assistant Principal*  
**Roland Doig**  
*RTS Middle School Principal*  
**Natalie Brubaker**  
*RTS Middle School Assistant Principal*  
**Joel Wilson**  
*Director of Phys. Ed., Health & Athletics*

For more information on the Susquehanna Valley Central School District, visit our Web site: [www.svsabers.org](http://www.svsabers.org)

## Welcome to *The* *Susquehanna Valley* *Fitness Center &* *Swimming Pool* *2007-2008*



*“The Susquehanna Valley Central School District is committed to providing a caring, equitable environment with high expectations for learning. We encourage the development of critical thinking, self-esteem and responsible citizenship.”*



**Note:**

The SV Fitness Center and swimming pool will be closed when schools are closed due to inclement weather and on the follow days:

**2007**

October 8  
November 10, 21, 22, 23  
December 24, 25, 26, 31

**2008**

January 1, 21  
March 20, 22  
April 14, 15, 26, 17, 18  
May 26  
June 21



**Welcome!**



The Susquehanna Valley Central School District is pleased to be able to provide this opportunity for members of our community to use these facilities.

**Public Hours**

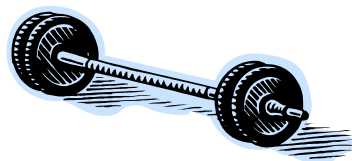
September 2007 – June 2008:

**Fitness Center and Pool:**

**Monday and Thursday 7:00 – 9:00 p.m.**

**Saturday 4:00 – 6:00 p.m.**

*These times are subject to change. Changes will be publicized and posted on the school district website: [www.svsabers.org](http://www.svsabers.org)*



**Membership Fees**

School District residents  
62 years of age and over:  
FREE use of fitness center and pool  
during public hours!

School district resident students:  
\$1.00/day  
\$2.50/week  
\$7.50/month  
\$37.50/half-year  
\$62.50/year

School district resident adults:  
\$2.00/day  
\$5.00/week  
\$15.00/month  
\$75.00/half-year  
\$125.00/year

Family memberships  
(family of four or more people):  
\$5.00/day  
\$12.50/week  
\$37.50/month  
\$187.50/half-year  
\$262.50/year

Non-SV resident adults and students:  
\$4.00/day  
\$10.00/week  
\$30.00/month  
\$150.00/half-year  
\$250.00/year

Pool Use Only:  
\$.50/students  
\$1.00/adults  
Walk-Ins Welcome!